

## <u>Aromatherapy Practice & Therapeutic Touch</u> <u>2 Day Course</u>

## **Course Content.**

In this immersive two-day course, you'll explore the powerful benefits of essential oils for the mind, body, and soul, and how to use them effectively with your clients. You'll create and customise your own massage oils, which you'll apply on the second day during hands-on training. You'll learn how to conduct thorough client consultations to ensure your blends are tailored to their specific needs, followed by performing a complete therapeutic aromatherapy massage.

You will need to have a previous massage training/certification & Anatomy & Physiology to be able to enrol in this course. Please speak to us if you require clarification on any course prerequisites.

We also provide beginners massage and A&P training.

## THIS COURSE IS FULLY ACCREDITED WITH ABT

A MODEL IS <u>NOT</u> REQUIRED FOR THIS COURSE AND YOU WILL NEED TO COMPLETE CASE STUDIES AND A QUESTION PAPER BEFORE YOUR ELECTRONIC CERTIFICATE IS ISSUED.

STARTER KITS ARE AVAILABLE UPON REQUEST WITH PRIOR ARRANGEMENT.

## PLEASE CONTACT US FOR MORE INFORMATION OR TO BOOK YOUR COURSE.

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