



Gua Sha Diploma – 1 Day Course

This one-day course is perfect for beauty professionals looking to add the ancient technique of Gua Sha to their treatment offerings.

You'll learn how to integrate the Gua Sha massage stone into your existing facial routine or offer it as a standalone treatment to help promote relaxation, reduce tension, and enhance skin appearance.

You'll cover all the essential fundamentals, including health and safety, client consultation, and contraindications. You'll also learn the specific techniques for using the Gua Sha stone to stimulate circulation, relieve muscle tension, and promote lymphatic drainage during facial treatments.

By the end of this course, you'll be fully equipped to offer Gua Sha facial treatments, adding a luxurious and therapeutic element to your facials that your clients will love. This course is ideal for those who already have facial experience and want to expand their skill set with this popular and effective massage technique

PLEASE NOTE: ANATOMY AND PHYSIOLOGY (A&P) IS REQUIRED FOR THIS COURSE. WE CAN PROVIDE THIS TRAINING AT AN EXTRA COST

A model will be provided for you on the day, you may need to complete case studies and a question paper before your electronic certificate is issued.

Kits are available upon request with prior arrangement.

PLEASE CONTACT US FOR MORE INFORMATION OR TO BOOK YOUR COURSE.

Ritual Training Ltd.
152, Front Street, Great Lumley, Chester le Street, County Durham, DH3 4JB

inforitualtraining@gmail.com

Kelly – 07817756485 or **Amanda** – 07500702760

THIS COURSE IS FULLY ACCREDITED WITH ABT

